



**GRAND SLAM**

**International  
Karate  
Tournament**

***Polish Open  
2026***

INTERNATIONAL KARATE TOURNAMENT

# POLISH OPEN 2026



GRAND SLAM



17 MAY 2026  
SZCZECIN, POLAND



**Organizer:** Bushikan Karate Association Poland

**Aim:** Competition of karatekas from various clubs, associations and federations, popularization of Karate, promotion of Poland, West Pomeranian Region and City of Szczecin

**Place:** MOSRiR Sporthall, ul. Twardowskiego 12 b Szczecin



**Term:** Sunday, 17<sup>th</sup> of May 2026

**Requirements of participation:**

1. Registration by e-mail to **[bushikan@gazeta.pl](mailto:bushikan@gazeta.pl)** .

**Attention!**

Separate registration for categories: Kata individual seniors, Kumite shobu ippon seniors - to register please go to <https://join.ultimate-karate.com/ukf-world-tour-register>.

Deadline for all categories registration is **12 May 2026.**

2. Fees:

- a) 30 euro per each individual category
- b) 40 euro per each team category

**Attention!**

For the following UKF World Tour categories: Kata individual seniors, Kumite shobu ippon seniors - the fee is **35 euro**.

## Categories:

### **Kata individual**

Separately categories male and female

- 7 years old and youngers „children A”
- 8-9 years old „children B”
- 10-11 years old „children C”
- 12-13 years old „juveniles”
- 14-15 years old "cadets"
- 16-17 years old „juniors”
- 18-40 years old „seniors”
- 41 years old and olders „masters”
- open adapted

### **Kumite individual**

Separately categories male and female

- 7 years old and youngers „children A” shobu nihon
- 8-9 years old „children B” shobu nihon
- 10-11 years old „children C” shobu nihon
- 12-13 years old „juveniles” shobu sanbon
- 14-15 years old "cadets" shobu sanbon
- 16-17 years old „juniors” shobu sanbon
- 18-40 years old „seniors” shobu sanbon/shobu ippon
- 41 years old and olders „masters” shobu ippon

### **Kata team**

Teams can be mix

- 11 years old and youngers „children”
- 12-17 years old „youth”
- 18 years old and olders „seniors”

### **Kumite team rotation**

Separately categories male and female

- 11 years old and youngers „children" shobu nihon
- 12-13 years old „juveniles" shobu sanbon
- 14-17 years old „cadets and juniors" shobu sanbon
- 18 years old and olders „seniors" IKKEN HISSATSU GRAND ROTATION

### **Kobudo**

Separately categories male and female

- 11 years old and youngers „children”
- 12-17 years old „youth”
- 18 years old and olders „seniors”

## Program of competition:

- godz. 08:30 – registration
- godz. 09:15 – referees meeting
- godz. 09:30 – coaches meeting
- godz. 10:00 – opening ceremony
- godz. 10:30 – start of competition

## **UKF Rules**

### Exception

- in the point system kata categories there will be always maximum 2 rounds (eliminations and final), no matter number of competitors in the category;

**Remember - in seniors category each contestant must choose to compete in either Shobu Ippon Individual matches or in Shobu Sanbon Individual matches. Contestants will not be allowed to compete in both kumite systems in individual categories.**

**In all categories (kata, kumite and kobudo) there will be only one third place awarded.**

**It is allowed to take part also in one older age category (except seniors participating in masters). Masters can participate in seniors category.**

**\*\*\*\*\***

- For the winners we have beautiful cups, medals and diplomas.
- For the Best Male Competitor and Best Female Competitor we have Cup of City Szczecin President.
- For the Best Club/Federation in overall classification we have Cup of West Pomeranian Region Marshal
- For the Youngest Competitor we have special award.
- For the winners of individual seniors categories: Kata and Kumite Shobu Ippon there is **100 euro prize money**.
- All clubs, associations and federations insure their competitors themselves. Participating in the competition you confirm possession of insurance.

## Accommodation and Airport – Hotel Transport

To make a reservation please contact Polish Open Accommodation Manager on [bushikan@gazeta.pl](mailto:bushikan@gazeta.pl) .

We offer to all teams transport between Szczecin Goleniów Airport and hotel in Szczecin, and also between Berlin Brandenburg Airport and hotel in Szczecin. To book your transport please contact [bushikan@gazeta.pl](mailto:bushikan@gazeta.pl) .

**Welcome!!!**

