



PROGRAM

WEDNESDAY, NOVEMBER 19, 2025:

13.00 – 19.00 = Identity document control (for the participants to the Pan American Championship and Open International) and weight control (only for the participants in kumite competition, non-open categories).

Sport Hall Nelio Dias (ginasio)

Obs: all Games categories not do weight check and document control

20.30- Reception of presidents and local authorities. Formal invitation. Only names on the list. Local: confirm

THURSDAY, NOVEMBER 20, 2025: PAN AMERICAN CHAMPIONSHIP

8:00 – 12.00 = Identity document control (for the participants to the Pan American Championship and Open International) and weight control (only for the participants in kumite competition, non-open categories).

Sport Hall Nelio Dias (ginasio)

Obs: all Games categories not do weight check and document control

8.00 – 12.00 = Referee Seminar, mandatory for all referees and judges and coaches.

12.00 – 14.00 = Lunch break

14.30 – 15.00 = Male/female Veterans team kata

15.00 – 16.00 = Male/female Veterans individual kata (blue to black belts) and male/female individual kata for disabled, all categories.

16.00 – 17.00 = Male/female Veterans individual Sanbon/Ippon kumite (blue to black belts) and female Cadets – Juniors – Seniors individual Ippon kumite (blue to black belts).



17.00 – 18.00 = Male Cadets – Juniors – Seniors individual Ippon kumite (blue to black belts).

18.00 – 19.00 = Male/female Ippon kumite teams, all categories .

19.30- 20:30 – OPEN CERIMONY

20:30 – 22.00 = Male/female **OPEN INTERNATIONAL** all categories.

FRIDAY, NOVEMBER 21, 2025: PAN AMERICAN CHAMPIONSHIP

8.30 – 9.00 = Female all kata teams.

9.00 – 10.00 = Female Juveniles – Cadets individual kata.

10.00 – 11.30 = Female Juniors – Seniors individual kata.

11.30 – 12.00 = Female Absolute Seniors individual kata (all styles).

12.00 – 13.00 = Male all Absolutes kata teams.

13.00 – 14.00 = **Lunch break.**

14.00 – 15.00 = Male Juveniles – Cadets individual kata.

15.00 – 16.30 = Male Juniors – Seniors individual kata.

16.30 – 18.00 = Male Absolute Seniors individual kata (all styles).

SATURDAY, NOVEMBER 22, 2025 PAN AMERICAN CHAMPIONSHIP



8.30 – 9.30 = Female Juveniles individual Nihon kumite and Female Cadets individual Sanbon kumite.

9.30 – 11.00 = Female Juniors – Seniors individual Sanbon kumite and Female Absolute Seniors individual Sanbon kumite.

11.00 – 12.30 = Female Nihon/Sanbon kumite teams, all categories.

12.30 – 14.00 = **Lunch break.**

14.00 – 15.00 = Male Juveniles individual Nihon kumite.

15.00 – 16.00 = Male Cadets individual Sanbon kumite.

16.00 – 17.00 = Male Juniors individual Sanbon kumite.

17.00 – 18.30 = Male Seniors individual Sanbon kumite and Male Absolute Seniors individual Sanbon kumite.

18.30 – 20.00 = Male Nihon/Sanbon kumite teams, all categories.

20.00 – 21.00 = MIX kumite teams, senior category

21.30 = FUN FEST CEEBK/IKU “SAYONARA PARTY” local: to be confirmed

SUNDAY, NOVEMBER 23, 2025 PAN AMERICAN GAMES

8.00 – 08.30 = team kata until 11 years old male and female

08.30 – 09.00 = Female Children A – Children B – Children C - Juveniles individual kata.

09.00 – 09.30 = Female Children A – Children B – Children C – Juveniles individual Nihon kumite.

09.30 – 10.30 = Male Children A – Children B – Children C – Juveniles individual kata.

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10.30 – 11.30 = Male Children A – Children B – Children C – Juveniles individual Nihon kumite.

11.30 – 12.30 = Female Cadets- juniors- seniors- veterans individual Kata.

12.30 – 13.30 = Male Cadets- juniors- seniors- veterans individual Kata.

13.30 – 14.30 = Lunch break.

14.30 – 16.00 = Female Cadets- juniors- seniors- veterans individual Kumite ippon/sambon

16.00 – 18.00 = Male Cadets- juniors- seniors- veterans individual individual Kumite ippon/sambon

18.30 – 19.00= Closing ceremony



INTERNATIONAL KARATE UNION



PANAMERICAN GAMES

The competition will take place on five or six competition areas and the medal ceremony will be made at the end of each category.

Age* categories and specialties:

Children A (up to 7)	Individual kata – Individual Nihon kumite
Children B (8-9)	Individual kata – Individual Nihon kumite – Individual Contact kumite
Children C (10-11)	Individual kata – Individual Nihon kumite – Individual Contact kumite
Juveniles (12-13)	Individual kata – Individual Nihon kumite
Cadets (14-15)	Individual kata – Individual Sanbon kumite
Juniors (16-17)	Individual kata – Individual Sanbon kumite
Seniors (18-40)	Individual kata – Individual Sanbon kumite
Veterans A (41-50) and Veterans B (51-65)	Individual kata – Individual Sanbon kumite

*Age intended on the competition day. No limit is foreseen in the number of participants for each country in all categories.

In kata competition, the competitors from Children A to Children C will be divided into three classes: 1) up to orange belt; 2) green/blue belt; 3) brown/black belt. From Juveniles to Veterans will be divided into two classes: 1) white/yellow belt; 2) orange/green belt.

For the allowed kata list and all other rules, refer to the IKU competition rules published on IKU web site, in all age classes and belts the athletes can perform a free kata (please, remember only competitors up to orange belt may perform the same kata in the different rounds). Kata competition will also be divided into styles (Shotokan, Wado Ryu, Shito Ryu, Goju Ryu, Rengokai). Each competitor may compete in one karate style only.

Kumite competition will be ruled according to the Shobu Nihon and Shobu Sanbon competition rules. The competitors from Children A to Children C will be divided into two groups: 1) up to green belt; 2) blue/brown/black belts; from Juveniles to Veterans is foreseen only one group up to green belt.

Categories	Male	Female
Children A (up to 7)	kg -25 -30 -35 +35	kg -30 -35 +35
Children B (8-9)	kg -35 -40 -45 +45	kg -35 -40 +40
Children C (10-11)	kg -40 -45 -50 +50	kg -37 -42 +42
Juveniles (12-13)	kg -45 -50 -55 -60 +60	kg -42 -47 +47
Cadets (14-15)	kg -52 -57 -63 -70 +70	kg -47 -55 +55
Juniors (16-17)	kg -55 -61 -68 -75 +75	kg -50 -58 +58
Seniors (18-40)	kg -62 -68 -74 -80 +80	kg -55 -63 +63
Veterans A (41-50) and Veterans B (51-65)	Open	Open

IKU International Karate Union

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INTERNATIONAL KARATE UNION



In the World Games a Contact kumite competition is foreseen for the categories Children B and Children C, no belt division (only all belts group), according to the program stated above, to the competition structure described above and to the IKU Contact Karate competition rules (Kyokushin Kumite e Jissen Kumite specialties).

PANAMERICAN CHAMPIONSHIP

The competition will take place on four competition areas with the medal ceremony immediately after the end of each category. On the podium all athletes shall wear their national tracksuit or karategi. No other clothing will be allowed.

Age* categories and specialties:

Juveniles (12-13)	Individual kata – Individual Nihon kumite – Nihon kumite Teams – Individual Contact kumite
Cadets (14-15)	Individual kata – Individual Sanbon/Ippon kumite – Sanbon/Ippon kumite Teams – Individual Contact kumite
Juniors (16-17)	Individual kata – Individual Sanbon/Ippon kumite – Sanbon/Ippon kumite Teams – Individual Contact kumite
Seniors (18-40)	Individual kata – Absolute kata – Mix kata Teams – Individual Sanbon/Ippon kumite – Absolute Sanbon kumite – Sanbon/Ippon kumite Teams – Mix kumite Teams - Individual Contact kumite
Veterans A (41-50) and Veterans B (51-65)	Individual kata – Individual Sanbon kumite
Veterans (41-65)	Kata Teams – Individual Ippon kumite – Sanbon/Ippon kumite Teams – Individual Contact kumite
Youngs (12-15)	Kata Teams
Absolutes (16-40)	Kata Teams

*Age intended on the accreditation day. No limit is foreseen in the number of participants for each country in all individual competitions. In team competitions only one team per country per category is allowed, excepted the hosting country that can participate with a maximum of two teams per category.

In kata competition only blue/brown/black belt competitors will be allowed to compete. For the allowed kata list and all other rules, refer to the IKU competition rules published on IKU web site. The kata competitors will also be divided into styles (Shotokan, Wado Ryu, Shito Ryu, Goju Ryu, Rengokai). Each competitor may compete in one karate style only. A new kata category, all styles, called “Absolute” has been established. It is reserved to male and female Senior competitors (18-40).

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INTERNATIONAL KARATE UNION



The Kata Teams competition is interstyle. The teams shall be composed of three male or female athletes and will be divided into the following categories:

- YOUNGS (with athletes from Juveniles and Cadets categories);
- ABSOLUTES (with athletes from Juniors and Seniors categories);
- VETERANS (with athletes from Veterans A and Veterans B categories).

Mix kata teams competition is foreseen, open style and only for Seniors category, the teams shall be composed of two females and one male with direct matches (flag system).

The Kumite competition will be divided into: Shobu Nihon (for Juveniles), Shobu Sanbon and Shobu Ippon. From the age of 14 a competitor may only compete in one competition type, either Sanbon or Ippon, with the exception of Veterans (41-65 years) who will be able to compete in both. A new kumite category, open weight, called "Absolute" has been established and it is reserved to male and female Senior competitors (18-40).

In Kumite Teams competition a national federation may let an athlete compete in different specialties (Sanbon, Ippon).

In kumite competitions only blue/brown/black belt competitors will be allowed to compete.

Individual Shobu Nihon:

Categories	Male	Female
Juveniles (12-13)	kg -45 -50 -55 -60 +60	kg -42 -47 +47

Individual Shobu Sanbon:

Categories	Male	Female
Cadets (14-15)	kg -52 -57 -63 -70 +70	kg -47 -55 +55
Juniors (16-17)	kg -55 -61 -68 -75 +75	kg -50 -58 +58
Seniors (18-40)	kg -62 -68 -74 -80 +80	kg -55 -63 +63
Veterans A (41-50)	Open	Open
Veterans B (51-65)	Open	Open

Individual Shobu Ippon:

Categories	Male	Female
Cadets (14-15)	Open	Open
Juniors (16-17)	Open	Open
Seniors (18-40)	Open	Open
Veterans (41-65)	Open	Open

The Kumite Teams competitions (Nihon, Sanbon, Ippon) are open weight. Mix kumite teams competition is foreseen, open weight and only for Seniors category, the teams shall be composed of two males and one female.

In the World Championship a competition for disabled athletes is foreseen. Please, refer to the rules published in IKU Disability Karate (see official IKU website: <https://ikunion.org/>).

Remember the three different categories of disability admitted in the competition:

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INTERNATIONAL KARATE UNION



- Athletes with motor disability (in wheelchairs or crutches)
- Athletes with visual impairments
- Athletes with intellectual impairments

The division by age will be:

- Up to 12 years
- From 13 to 17 years
- From 18 years

If case of a low number of competitors, the categories can be merged (male and female together).

In the Championship a Contact kumite competition is foreseen. It will take place on two competition areas according to the program stated above, to the competition structure described above and to the IKU Contact Karate competition rules (Kyokushin Kumite e Jissen Kumite specialties).

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