

# **ADAPTED KARATE OR PARA-KARATE**

## **Chapter I - Introduction**

### **ARTICLE 1: DISCIPLINE AND CATEGORIES.**

#### **A- Athletes with Motor Disability**

this category can be divided into:

- 1- with a wheelchair, and/or with a cane support
- 2- another type of motor disability in a bipedal position

#### **1-Athletes in wheelchair and/or cane support**

Only those athletes with at least one of the following and various listed disabilities:

A1. Impaired Muscle Power: Athletes with impaired muscle power have a health condition that reduces or eliminates their ability to voluntarily contract their muscles to move or generate force. Included at this point are spinal cord injury (complete or incomplete, tetraplegia or paraplegia or paraparesis), muscular dystrophy, post-polio syndrome and spine bifida.

#### **2-Bipedal motor disability.**

Impaired passive range of motion

A2. Athletes with impaired passive range of motion have a restriction or lack of passive motion in one or more joints and / or extremities.

#### **B- Athletes with Visual Impairments.**

Vision impairment, partial or total blindness, include retinitis pigmented and diabetic retinopathy.

#### **C- Athletes with Intellectual Impairments.**

Athletes with intellectual impairment have a restriction in intellectual functioning (IQ≤69) and behavior that affects conventional skills, higher than that IQ required for daily life.

## **ARTICLE 2: EVALUATION AND CLASSIFICATION**

Procedures to evaluate and classify the different difficulties, through IKU officials: The classification in Adapted Karate consists of a compensation of extra points depending on:

The influence of the particular disability when performing the Kata.

The Referees and Judges will evaluate the competitor by score during the Kata, in the realization of the qualifying round the limitation that the same athlete has for his performance caused by the deterioration, said arbitration panel will give between 01 and 03 extra decimal points, according to in the case (from 0.0 to 0.3), this difference will be added to the score that the officials estimate for the established development.

### **b) Reclassification procedures**

The federations, through their presidents and / or delegates, may make an official written protest if they observe any irregularities in any section of these regulations and in the pre-registration of the Athletes. Points will be deducted from the accused 1.0 to 3.0.

## **ARTICLE 3: MEDICAL ISSUES**

Medical diagnostic

The IKU Official Event Medical staff, Corroborate the Medical Diagnosis of each athlete, as well as (if necessary) the Evidence Documents of their diagnosis. The medical diagnosis forms and additional tests for competition presented by the federations are tools to provide more precise extra points for the athlete and for the officials to correctly understand their limitations.

Origin Diagnosis Medical Report (country)

Each Federation must present a medical report that will be evaluated on the day of registration by the IKU medical staff. This document will provide extremely valuable information for the IKU officers panel.

## **ARTICLE 4: COMPANION**

During the development of the competition, a coach from the national federation representing the Athlete must be with him to assist him if necessary. In the case of an athlete with intellectual disabilities, a member of his inner circle will also be allowed to accompany him if necessary. As for wheelchair athletes, they will attend the qualifying session with the same.

## **Chapter II - Generalities**

## **ARTICLE 1: GENERAL SECURITY**

A smooth and seamless surface is required for the proper functioning of Kata. In general, conventional kumite areas will be adequate.

Athletes must be able to reach the warm-up area, the locker room, the restrooms and the spectator area without any type of barriers and / or impediments, especially for wheelchair athletes and athletes with visual impairments. This applies in particular to platform competition areas, which must also be made easily accessible to wheelchair athletes via a safe and manageable ramp.

If the final competitions take place on a platform, the coaches will bring the athletes to the platform, via steps or a ramp. Coaches must remain close to their athletes in all cases, without invading the competition area, only if necessary by request of the medical staff.

Note: To perform a kata on the platform, the competition area must have one or two more meters on each of its sides (this is valid for any type of kata competition).

## **ARTICLE 2: KATA COMPETITION AREA**

The competition area must be flat and free of hazards.

The competition area must be of sufficient size to allow the correct development of the Kata. IKU competition rules for Kata apply.

The entire competition area must be without any type of barriers.

The competition stadium should have, where possible, one changing room for men and one for women; their doors must have the width for the passage of a conventional wheelchair.

In any unforeseen incident, such as fire, evacuation event; national coaches will be responsible for their athletes.

## **ARTICLE 3: OFFICIAL CLOSING FOR IKU COMPETITIONS**

Participants and judges must wear the official uniform, as defined in the IKU Kata Competition Rules.

Wheelchair athletes may use white sports shoes.

During the first rounds, the competitors must wear the belt that corresponds to them according to the style and/or federation.

In the finals, one competitor will have to wear a red belt and the other a blue belt, according to the IKU Rules, the Athlete with the red belt (Aka) stands on the right side of the competition area seen by the head judge. . , the Athlete with the blue belt (Ao) on the left side of the competition area.

Karategui's jacket may not be removed during the performance of the Kata. To protect the feet of wheelchair athletes from injury, they may wear athletic shoes. Wheelchair athletes' footwear must be completely white. Socks may be worn, but must be white.

Athletes in the category "visually impaired" may wear blindfolds. They must be dark in color.

#### **Wheelchair:**

All types of wheelchairs are allowed, especially those that allow sporting use without disturb the presentation of a Kata.

It will not be allowed to compete with  
walkers and electric wheelchairs

#### **Straps:**

Straps are allowed to secure the legs of wheelchair athletes. They have to be white in color and can be placed between the ankles and the knee.

#### **Crutches:**

One or two crutches are allowed according to the previous report of the medical body, in wood or metal indistinctly, with rubber protection on the tip.

### **ARTICLE 4: ORGANIZATION OF THE KATA COMPETITION**

The kata competition will be held according to the IKU competition regulations. The categories will be divided as follows:

1- Up to 12 years.

2- from 13 to 17 years old.

3- + 18 years, and can also be mixed according to the number of registered athletes

A point system will be applied with the best score.

Therefore, participants can perform the same Kata in each round repetition.

The athlete must do a Kata that belongs to the official IAKU Kata list. The athlete's official coach is responsible for the correct registration of the Kata to be demonstrated.

They will be obtained from the competition, (1) first place, (1) Second place, (2) third places. And all participants will get a certificate of participation in the event.

The control table will have: the scorers, the scoring assistant and the caller / announcer. They will be appointed and trained by the President of the Adapted Karate Commission in Coordination with the organizing commission of the championship.

## **ARTICLE 5: DEVELOPMENT OF A KATA**

At the beginning of each competition and in response to his name and country of origin, the athlete will line up at the entrance to the perimeter of the competition area, in front of the Main Kata Judge, he can be guided to this position by the coach, then he must enter only up to your Kata starting position in the area. The athlete will bow and announce the name of the Kata to be performed, then the Kata will begin; At the end of the Kata, the athlete, after performing a martial bow, will await the decision of the judging panel.

The Chief Judge will call for a decision (HANTEI) and emit a two-tone sound on the whistle with which the judges will emit their scores in the direction of the table, the points are announced one after the other loudly and clearly audible, the announcer points with arm and hand outstretched to the respective markers on the judging panel, while announcing the marker, starting with the head judge. After the scores are announced one after the other, the markers rotate 180 degrees to the side of the spectators, then the athlete bows and returns to the perimeter of the starting area to leave the competition area. The coach can fetch him after the athlete has left the perimeter.

If the head judge is of the opinion that a competitor should be disqualified, he / she should call the other judges to reach a verdict.

Individual participants who do not show up when called will be disqualified (KIKEN) from that category. Disqualification by KIKEN means that contestants are disqualified from that category, even if it does not affect participation in another category. When the disqualification "KIKEN" is announced, the Head Judge, pointing, with the flag or his arm, towards the starting position of the participant, will be required to declare "KIKEN".

If the contestants, who can go to the next round, have the same sum of scores, the lowest score awarded will be added to the total, if the tie remains, the highest eliminated will be added to the total, and finally if the tie persists, the athletes will compete with each other and the Kata may be repeated, a decision will be made by "HANTEI" of the Judges Panel.

## **ARTICLE 6: ARBITRATION SEQUENCE:**

The main judge will sit in the central position facing the participants and the other four judges will be seated at the corners of the competition area and the left and right at their sides and ends of the competition area. Each judge will have a marker with numbers and decimal numbers from 0 to 9 or, if electronic markers are used, a button for them. To be taken into account by the Arbitration Panel:

Deviations may be acceptable due to the type of disability.

Slight variations shown in the competitor's style (ryu-ha) of Karate will be allowed.

When evaluating a contestant's performance, the Judges will evaluate performance based on the two main criteria, technical performance and athletic performance, as determined in the IAKU General Kata Rules. Kata performance is evaluated from entry to the competition area, until departure.

## **ARTICLE 7: CONTROL TABLE SCORES:**

a) The five judges will give their score based on the evaluation. The highest and the lowest The score will not be taken into account in the calculation of the result.

b). Average score in:

1. First round: 7.0

2. Finals: 8.0

c) Extra points system: After the performance of the Kata, the Panel of Judges, according to the Athlete's degree of disability, will add additional points to the judge's evaluation, respectively, taking into account How the deterioration affects the Kata performance (from 0.0 to 0.3)

## **ARTICLE 8: DISQUALIFICATION:**

Give false information in the registration of athletes, in reference to their disabilities.

Any misconduct, which is outside the behavior of "Budo".

The National Trainer must notify the Control Panel table of the Kata to be performed by the participant.



The reasons for the disqualification and / or sanction of the participant, as well as the consideration of faults in the evaluation, must be treated carefully, since some clinical pictures can cause or influence certain behaviors of the participants. The judges must have the possibility of a meeting (Shugo), without necessarily resulting in a consequence.

#### **ARTICLE 9: OFFICIAL PROTESTS**

Official protests in kata competition will follow the official protest procedures of the IKU General Regulations.

***Sensei MARINA A. REGULES***

7° DAN, IKU Technical Commission

This regulation has been modified on August 2023

