









CATEGORY	TYPE	1. WARNING	2. PENALTY	3. DISQUALIFICATION
C1	CONTACT	KEIKOKU	CHUI	HANSOKU
C2	BEHAVIOUR	KEIKOKU	CHUI	HANSOKU
C3	JOGAI	KEIKOKU	CHUI	HANSOKU

**C1: ATE (PENALTY FOR EXCESSIVE CONTACT)**

**Gestures:** closed fist, corresponding to the athlete who committed the infringement and opposite open hand laid on the knuckles.

**Progression :** keikoku, chui, hansoku.

Penalties related to excessive contact are included in this category. All techniques must always be controlled in proportion to their target area and must not cause any injury. If a technique considered as valid will cause a redness of the skin without injury (medical opinion) the point shall be assigned.

KEIKOKU shall be imposed for techniques that are correct but not properly controlled and that cause small injuries, which have an excessive impact to a valid target, which are carried on an invalid target, or for contacts as a result of improperly carried techniques.

CHUI shall be progressively imposed for the second infringement in case of excessive contact. It can also be directly imposed for uncontrolled techniques that cause injury for excessive contact to a valid or invalid target. CHUI shall be directly assigned whenever the combativeness of the injured athlete is reduced as a result of the injury suffered.

HANSOKU shall be progressively imposed for the third contact category infraction. It can also be directly imposed due to a very serious lack of control or in case the injured athlete is considered by the match doctor as "unable to continue" following the injury suffered.

**C2: FORBIDDEN ACTIONS AND BEHAVIOURS**

**Gestures:** arm bent towards the athlete and index finger up.

**Progression :** keikoku, chui, hansoku.

Penalties relating to infractions referable to behavior, as well as prohibited or dangerous actions, are included in this category, such as:

- TSUKAMU - to grab, unless a throw is in progress or at the same time of an attack;
- MUBOBI - lack of regard for one's own or others' safety;
- CHUI MUSHI - to ignore or not to obey the referee;
- FUKUKEI - incorrect attitude and insufficient attitude to kumite;
- uncontrolled attacks (techniques that overshoot the target) ;
- allowed and controlled techniques carried in the direction of non allowed targets;
- non allowed targets.

**C3: JOGAI (EXIT FROM THE COMPETITION AREA)**

**Gestures:** arm stretched down with the index finger pointing at 45 ° out on the athlete's side who committed the exit.

**Progression :** keikoku, chui, hansoku.

- Jogai occurs when one or both competitors leave the perimeter of the tatami.
- If a contestant is pushed out or if he goes out as a result of repeated dangerous actions (mubobi), no Jogai shall be imposed.
- If the athletes exit the competition area one after the other and the referee has not yet given yame, the first exited athlete shall be sanctioned with Jogai.
- If an athlete carries a valid technique and immediately exits the competition area, before the referee gives the yame, the technique shall be valid and no Jogai shall be imposed.